

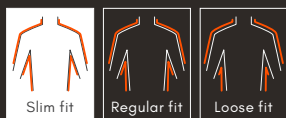
# APPAREL SIZE GUIDE

## MEN'S

SIZE	Height	Chest	Waist	Hip	Inner leg	Sleeve length
XS	168-172	88-92	74-78	88-92	78-80	62-64
S	172-176	92-96	78-82	92-96	80-82	64-66
M	176-180	96-104	82-90	96-104	82-84	66-68
L	180-184	104-113	90-99	104-113	84-86	68-70
XL	184-188	113-123	99-109	113-123	86-88	70-72
XXL	188-192	123-133	109-119	123-133	88-90	72-74

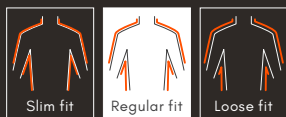
## WOMEN'S

SIZE	Height	Chest	Waist	Hip	Inner leg	Sleeve length
XS	158-162	80-84	64-68	88-92	73-75	60-61
S	162-166	84-89	68-73	92-97	75-77	61-62
M	166-170	89-96	73-80	97-104	77-80	62-64
L	170-174	96-105	80-89	104-113	80-83	64-66
XL	174-178	105-115	89-99	113-123	83-86	66-68

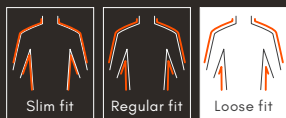


Slim fit

We recommend sizing up for a loose fit.



Regular fit



Loose fit

We recommend sizing down for a slim fit.

### CHEST

Measure around the chest horizontally at the widest point.

### WAIST

Measure around the narrowest part of your waist.

### HIP

Measure around the widest point.

### SLEEVE LENGTH

Measure from middle back to wrist (upper side of the sleeve)

### INNER LEG

Measure from the top of your leg to the end of your leg (inside of the leg)